SOUTHWEST MN CHRISTIAN HS FIELD DAY-ORDER OF EVENTS

(This is an approximate time schedule as we will run straight through)

FIELD EVENTS

12:30 Closest to the Hole—participants will use a pitching wedge and chipping for the flag(hole). Each participant will be given three balls. Clubs will be available for use.

5th & 6th Girls 5th & 6th Boys

7th & 8th Girls 7th & 8th Boys

12:30 High Jump—in the following order—3 attempts each height

5th & 6th Girls—start at 3'0" 5th & 6th Boys—start at 3'6"

7th & 8th Girls—start at 3'6" 7th & 8th Boys—start at 4'0"

12:30 Softball Throw—in the following order—3 throws

7th & 8th Boys

7th & 8th Girls

5th & 6th Boys

5th & 6th Girls

12:30 Long Jump—in the following order—3 jumps

5th & 6th Girls

5th & 6th Boys

7th & 8th Girls

7th & 8th Boys

12:30 Shot Put—in the following order—3 throws

7th & 8th Girls

7th & 8th Boys

Track Events

12:30 5th & 6th Girls 75 m. dash

12:35 5th & 6th Boys 75 m. dash

12:40 7th & 8th Girls 75 m. dash

12:45 7th & 8th Boys 75 m. dash

12:50 5th & 6th Girls 400 M. Dash

12:55 5th & 6th Boys 400 M. dash

1:00 7th & 8th Girls 400 M. dash

1:05 7th & 8th Boys 400 M. dash

1:10 5th & 6th Girls 400 M. Relay

1:15 5th & 6th Boys 400 M. Relay

1:20 7th & 8th Girls 400 M. Relay

1:25 7th & 8th Boys 400 M. Relay

1:30 5th, 6th, 7th, & 8th Girls 800 M. run

1:40 5th, 6th, 7th, & 8th Girls 800 M. run

1:40 5th & 6th Girls 100 m. dash

1:45 5th & 6th Boys 100 m. dash

1:50 7th & 8th Girls 100 m. dash

1:55 7th & 8th Boys 100 m. dash

2:00 5th & 6th Girls 200 M. dash

2:05 5th & 6th Boys 200 M. dash

2:10 7th & 8th Girls 200 M. dash

2:15 7th & 8th Boys 200 M. dash

2:20 5th & 6th Girls 400 M. Medley Relay

2:25 5th & 6th Boys 400 M. Medley Relay

2:30 7th & 8th Girls 800 M. Medley Relay

2:35 7th & 8th Boys 800 M. Medley Relay

2:40 Clean Up & Ribbons—Results will be emailed.